



Map of Bicycle Routes Around the Island

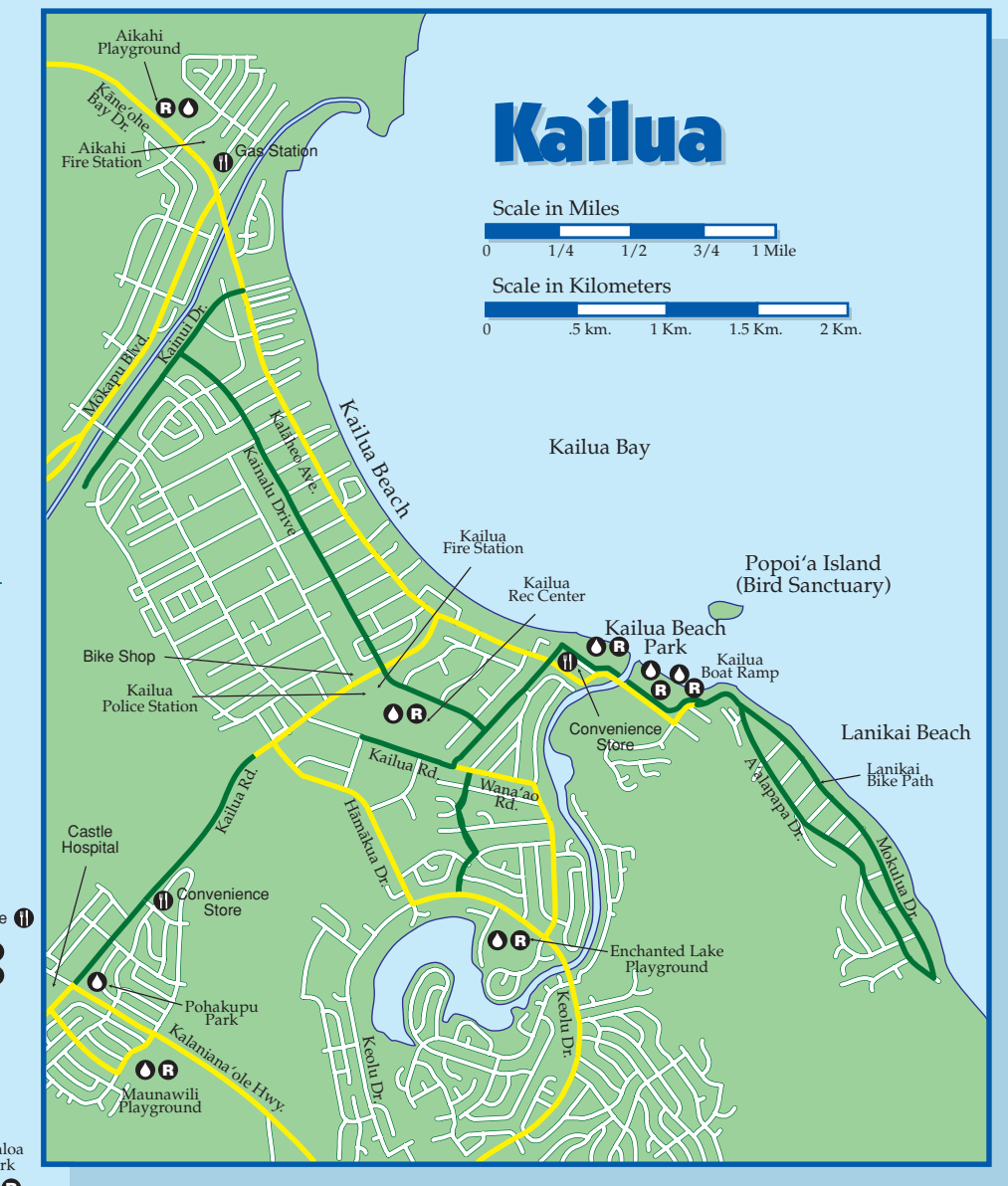
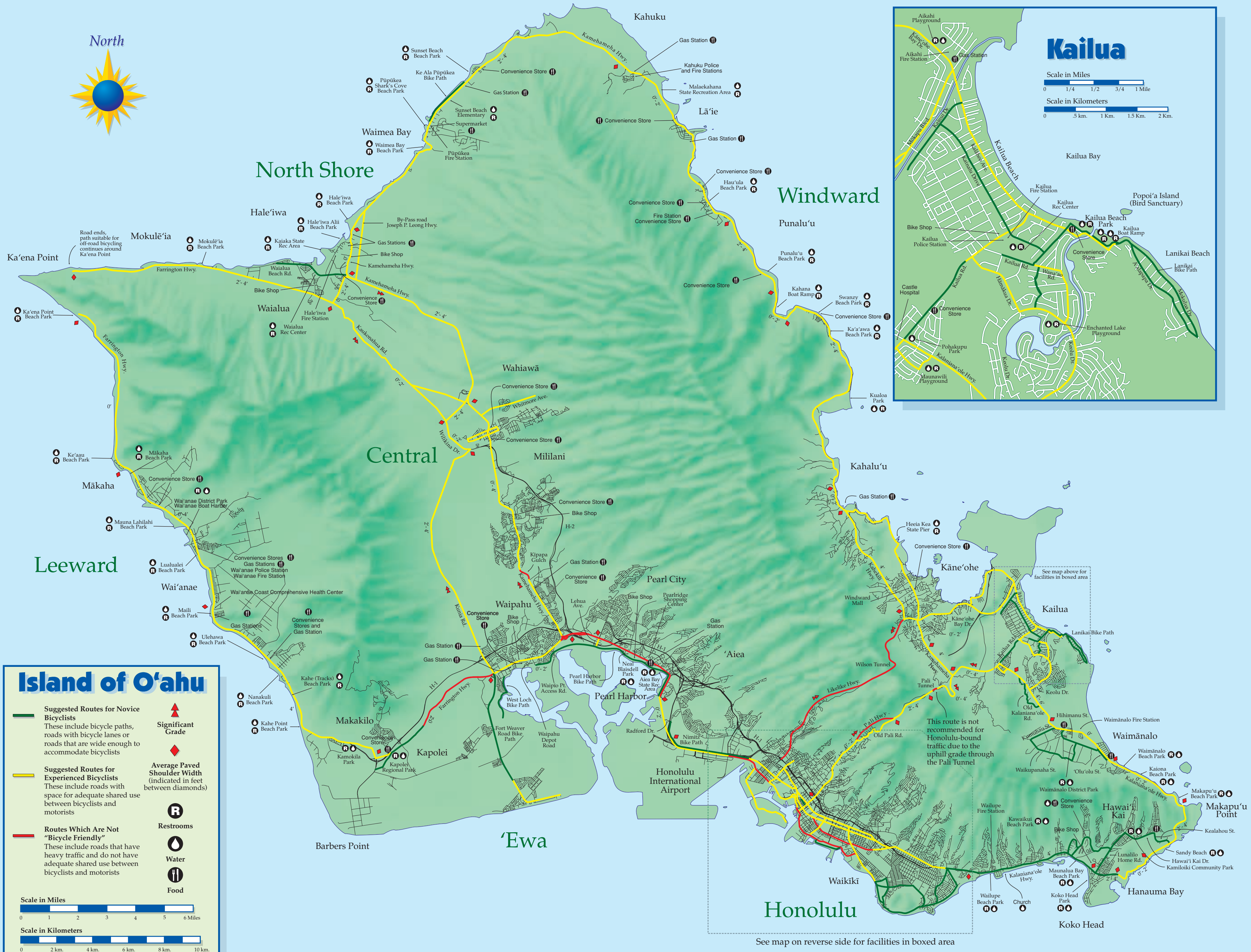


BIKE O'AHU

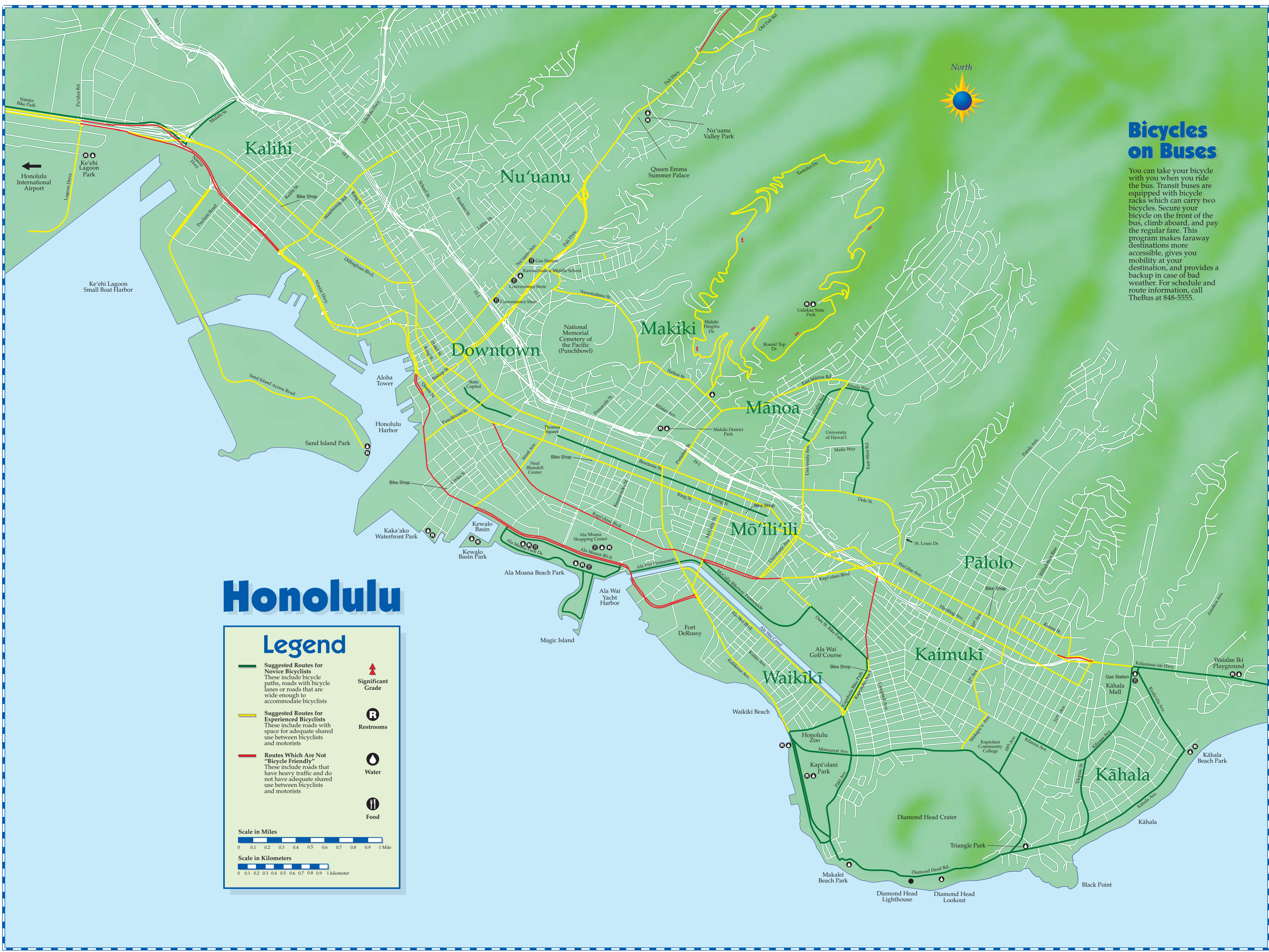
Top Ten Bicycle Safety Tips

1. **Wear a helmet every time you ride.** Even if you just ride on bike paths or for a short distance, make sure you put on your helmet before you go. You don't have to be going fast or far to risk serious head injuries.
2. **Obey traffic laws.** Your bike is a vehicle, and just like a car, you must stop at stop signs and red traffic lights.
3. **Always ride with the flow of traffic.** Even if you are riding a short distance, it is never safe to ride against traffic. Also, it is unlawful to ride facing traffic in Hawai'i, as it is in all 50 states.
4. **Stop at the end of the driveway.** Many crashes between a car and bike happen when riders don't stop at the end of their driveway to look for cars. Always look left-right-left before entering or crossing a road.
5. **Be predictable.** Don't do anything that would surprise drivers, such as swerving in and out of parked cars or traffic.
6. **Look behind you, and make sure it is clear, before making a left turn or moving into the roadway.** You should be able to glance over your shoulder without swerving. Also, let motorists know what you're doing by using proper hand signals for turning and stopping.
7. **Be visible.** Wear light-colored clothes when you ride, and try to get a bright helmet. If you ride at night, you must have a white front light and a red rear reflector.
8. **Don't use headphones when riding.** You need to be able to hear the traffic around you. Save your radio and tapes for relaxing after your bike ride.
9. **Don't ride too close to parked cars.** A driver may suddenly open the door in your path. Leave at least 3 feet of distance when passing parked cars, and be alert for cars that may be pulling out into the road.
10. **Make sure your bike is safe.** Before you leave home, check to make sure that the brakes work, the seat and handlebars are tight, and the tires are properly inflated and in good shape. Also, make sure your bike is the right size. A bike that is too big is more dangerous than one that is too small.

For further information call the State Bicycle/Pedestrian Coordinator at (808) 587-1983, the Bicycle Coordinator at the City & County of Honolulu at (808) 768-8335, or the Hawai'i Bicycling League at (808) 735-5756 (www.hbll.org)
 This map may also be seen at the following web site:
<http://hawaii.gov/dot/highways/Bike/bikeplan>
 This map may not be sold.



See map on reverse side for facilities in boxed area



Bicycles on Buses

You can take your bicycle with you when you ride the bus. Transit buses are equipped with bicycle racks which can carry two bicycles. Secure your bicycle on the front of the bus, climb aboard, and pay the regular fare. This program makes faraway destinations more accessible, gives you mobility at your destination, and provides a backup in case of bad weather. For schedule and route information, call TheBus at 848-5555.

Honolulu

Legend

- Suggested Routes for Novice Bicyclists
These include bicycle paths, roads with bicycle lanes or roads that are wide enough to accommodate bicyclists
- Suggested Routes for Experienced Bicyclists
These include roads with space for adequate shared use between bicyclists and motorists
- Routes Which Are Not "Bicycle Friendly"
These include roads that have heavy traffic and do not have adequate shared use between bicyclists and motorists

	Significant Grade
	Restrooms
	Water
	Food

Scale in Miles
0 0.1 0.2 0.3 0.4 0.5 0.6 0.7 0.8 0.9 1 Mile

Scale in Kilometers
0 0.1 0.2 0.3 0.4 0.5 0.6 0.7 0.8 0.9 1 kilometer